

HOW TO TAKE THE MEDICATIONS

Please note over the counter medications (**OTC**) need to be purchased on your own and you may not get or need the assistance from a pharmacist to obtain these prescriptions.

BEFORE THE PROCEDURE:

1) Bactrim DS (Trimethoprim/Sulfamethoxazole)

Please take in the morning and evening for 2 days before the procedure date. Do not need to take this the morning of the procedure.

2) Fluconazole 200mg

Please take daily starting 2 days before the procedure. You will take this the day after your procedure as well, for a total of 3 days taking this.

3) Hibiclens (OTC) solution (PINK SOAP)

Please wash the skin **head to toe** with Hibiclens (**OTC**) solution (PINK SOAP) one time per day for two days prior (before) to the procedure. Please rinse well after application. May irritate the skin if not rinsed thoroughly. Please **DO NOT FOLLOW** application directions on bottle about avoiding the genital area.

4) Acetaminophen 500mg (Tylenol Extra Strength)

Pain medication. Start taking the day before the procedure. 2 tablets every 8 hours.

5) Gabapentin 300mg (Neurontin)

Pain medication that works at the nerve level. Start taking the day before the procedure. Every 8 hours.

6) Do not shave the SCROTAL AREA prior the procedure.

This will be performed by staff on the day of the procedure. Shaving the scrotal area prior to the procedure increases the risk of infection.

FYI – if you are avoiding telling people what kind of surgery you're having, just say it's a **hernia repair**.

AFTER THE PROCEDURE:

1) Bactrim DS (Trimethoprim/Sulfamethoxazole)

Antibiotic. 1 tablet to be taken twice a day starting the day after the procedure, then every 12 hours for 3 days total.

2) Fluconazole 200mg (Diflucan)

Antifungal. To be taken once the day after procedure.

3) Acetaminophen 500mg (Tylenol Extra Strength)

Pain medication. To be taken starting when you get home from the procedure. 2 tablets every 8 hours. 10 days total.

4) Meloxicam 15 mg (Mobic)

Pain medication. To be taken starting when you get home from the procedure. 1 tablet every 24 hours. 10 days total.

5) Gabapentin 300mg (Neurontin)

Pain medication that works at the nerve level. To be taken for 5 days after the surgery, every 8 hours.

6) Miralax (OTC) (polyethylene glycol)

Stool laxative to be taken if there is no bowel movement after being home for 24 hours. Use as directed or take 1-3 capfuls three times per day.

7) Oxycodone 5mg (Roxicodone)

Pain medication for breakthrough strong pain. To be taken after the procedure only if there is pain beyond control with the other medications. 1 tablet every 8 hours, only as needed.